



***Pain Management: science can help to improve
the appropriate cure of chronic pain***

Budapest, October 13.15, 2016

Pesti Vigadó

The International Symposium “Pain Management: the Science behind”, which will be held in Budapest, from October 13 to October 15, will gather together an international faculty of experts to discuss in details the most recent scientific advancements, to inform all health professionals about an appropriate use of available therapies to effectively treat pain. More than 400 physicians will come from many different countries to attend the symposium. The event is organized by the Menarini International Foundation, in collaboration with the European League Against Pain (EULAP®). The Symposium will open with a Lecture of Prof. Gábor Rácz on Ethics and Legal Aspects in Pain Medicine.

Budapest, October 13th, 2016 – The International Symposium “Pain Management: the Science behind”, organized by Menarini International Foundation, in collaboration with the European League Against Pain (EULAP®), will be held in Budapest, from October 13 to October 15, in the beautiful Pesti Vigadó, the palace on the Eastern bank of the Danube.

This event is made possible thanks to the strong partnership developed between the Menarini International Foundation and EuLAP®.

The presidents of the scientific committee, Prof. Carmelo Scarpignato (University of Parma, Italy) and prof. Giustino Varrassi (LUdES University, Malta), have gathered together some of the scientists who have personally contributed to important advancement in pain medicine. Pharmacologists and clinicians, internationally recognized experts and representatives of important scientific associations, such as Prof. Fernando Cervero, past president of the International Association for the Study of Pain (IASP®) and Professor Rolf-Detlef Treede, Immediate Past-President of IASP®, will discuss in detail all classes of analgesic drugs and unconventional approaches to pain management. An audience of more than 400 medical doctors will come from all over Europe to attend the event.

The Symposium is in conjunction with the 650th Jubileum of the University of Pécs and is under the auspices of the Hungarian Ministry of Human Resources, the Hungarian Pain Society, the Regional Center of Hungarian Academy of Sciences at Pécs, the European Society of Regional Anaesthesia & Pain Therapy (ESRA), the World Institute of Pain, and many other scientific associations.

Scientific programme

The scientific programme is built around four crucial topics: advances in pain science, pharmacologic approaches to pain management, management of visceral and abdominal pain, non conventional approaches.

At the opening ceremony prof. Gábor Rácz, Professor and Chairman Emeritus and Director of Pain Services at Texas Tech University Health Science Center, will give a Lecture on *Ethics and Legal Aspects in Pain Medicine*.

During the last few years the number of health care professionals involved in pain management has enormously increased. An awareness of the likely scenarios for complications, recognizing both patient, disease and technique related factors associated with such adverse outcomes and avoiding them has a crucial importance. *Primum non nocere*, Latins were used to teach to their “experts of medicine”. This was and remain the maxim to follow.

In relation to the legal aspects, a good professional education is essential to prevent complications. *“Continuing medical education is a moral imperative; as idiosyncratic ignorance can cause harm”* (Aphorism of Sir W. Osler). This is one of the most important overlapping areas between ethics and legal aspects, especially in Pain Medicine. A low quality education is frequently responsible for damages to the patients, especially when interventional techniques are applied. Even when evidence based medicine is applied to pain management, there might be some ethical problems.

Why pain is a disease in its own right?

In the last decades, the attention to the problem of pain, by both the health care professionals, the politicians and the health care systems has increased. The number of Guidelines on pain management has skyrocketed. But epidemiological surveys still report that only 25% of patients on average receive appropriate therapy.

The International Association for the Study of Pain (IASP®) defines pain as an unpleasant sensory and emotional experience associated with tissue damage, (actual or potential), due to a somatic component and a mental and emotional component. Pain is generally classified as acute and chronic or procedural, in relation to its duration or the setting in which it occurs, but it can also be identified depending on the cause of pain or on the body area in which it originated. Chronic pain can be described as an ongoing or recurrent pain, lasting beyond the usual course of acute illness or injury, more than 3 months, and which adversely affects the individual’s well-being.

Chronic pain is an emotional condition as well as a physical sensation. It is a complex experience that affects thought, mood, and behavior and can lead to isolation, immobility, and drug dependence.

General information

Honorary President

János Szolcsányi, MD, PhD, DSc

Professor Emeritus, Department of Pharmacology and Pharmacotherapy University of Pécs Medical School Pécs, Hungary

Presidents

Carmelo Scarpignato, MD, DSc, PharmD, MPH, FRCP (London), FACP, FCP, FACG, AGAF

Professor of Clinical Pharmacology, University of Parma, Italy

Associate Professor of Gastroenterology, University of Nantes, France

General Secretary, World Organization for Esophageal Diseases (OESO), Paris, France Governor for Italy, American College of Gastroenterology (AGA)

Giustino Varrassi, MD, PhD, FIPP, FMESOA, FMEFIC, FMFP, FMEuLAP

Full Professor, Anesthesiology and Pain Management, LUDES, Malta

President, Paolo Procacci Foundation (PPF) President, and European League Against Pain (EULAP)

Scientific Secretariat

Anna Bertelé, MD

Clinical Pharmacology & Digestive Pathophysiology Unit Department of Clinical & Experimental Pharmacology

University of Parma, Italy E-mail: GI.Pharmacology@gmail.com

Antonella Paladini, MD, PhD

Anesthesiology & Pain Medicine Department of Clinical Medicine, Public Health & Health Sciences

University of L'Aquila, Italy E-mail: antonella.paladini@cc.univaq.it

Venue: Pesti Vigadó



FONDAZIONE
INTERNAZIONALE
MENARINI

About the “Menarini Foundation”

The **Menarini International Foundation** was founded in the spring of 1976 to promote research and knowledge in the field of biology, pharmacology and medicine, but also in the fields of economy and human sciences. All within a broad perspective that focuses on the problems and puts them in order in a professional and practical sense.

One of the main instruments the Foundation uses to achieve its goals is the organisation of international congresses with specific focus in medical disciplines.

During the course of its activities, the Foundation has organised over 300 international conferences addressing particularly innovative medical and biological issues and topics of specific interest for the medical world in terms of widespread scientific implications and repercussions of a practical nature.

www.en.fondazione-menarini.it



About the European League Against Pain EuLAP®

The European League Against Pain (EULAP®) is an international, multi-stakeholder platform in the field of pain advocacy. Members of EULAP® are organizations whose focus is improving pain management, like European and National organizations representing patients, European and National scientific societies, health care professional organizations, and other organizations with an interest in the field of pain management and advocacy.

www.eulap.org

Organizing Secretariat:

Planning - Bologna, Italy - www.planning.it

Project leader: Mrs Valeria Verlicchi

v.verlicchi@planning.it